



Your “New & Improved” AAU Basketball Club!

Based on feedback from parents, players, managers & trainers, we made several exciting changes to the program, including drastically reduced cost, the elimination of weekend tournaments, optional games and a return to fundamentals training by Northern Highlands’ Varsity & JV coaches.

Try out for the “new & improved” *Highlands Basketball Club*, serving the Northern Highlands High School feeder towns of Allendale, Ho-Ho-Kus, Saddle River and Upper Saddle River! **Grades 5-8**



- Whether you plan on attending Northern Highlands or not, here’s your chance to learn the fundamentals & play great spring basketball with friends on a local basis!
- Training by Highlands’ Varsity & JV coaches Mike Stone, Al Albanese, Tom Witkowski & Chris Broking. ***If you’re considering Highlands, this is the club to join!***
- No conflict with school, travel or rec basketball – play a limited game schedule and train once a week in local gyms in the spring only.
- Only competitive teams selected by independent evaluators.
- Endorsed by all four towns’ rec & travel programs.
- One practice per week – end March through end of June.
- Number of games/scrimmages will vary by team and will be determined on a team-by-team basis based on player availability.
- Drastically reduced cost to \$250 (\$330 if new to club).
- Tryouts, Teams & Practice schedule at: www.HighlandsBasketball.com

AAU clubs require a substantial time and financial commitment, usually with two practices per week and about 12 tournaments over the spring and fall – which is more than what most of our multi-sport athletes want. The *Highlands Basketball Club* instead concentrates on teaching the fundamentals and limited game play during the spring only. Getting our kids to play together from an early age is a huge benefit to them and provides superb support for Northern Highlands’ and the towns’ rec and travel programs.

The teams – selected from the four towns, are formed by grade. Training by Highlands coaches will be at least once a week in town gyms. They’ll have a limited game schedule arranged by team managers based on player availability. Total cost is only \$250 for existing players, \$330 if new to the club.



TRYOUT DATES ANNOUNCED ON OUR WEBSITE:

**www.HighlandsBasketball.com
info@HighlandsBasketball.com**





TRYOUT & CLUB REGISTRATION FORM

Please complete and bring this form, a drink + a ball to the tryout

Current grade: _____ Boy Girl

Played last spring for Highlands Basketball Club? ____ Yes ____ No

FIRST NAME:	LAST NAME:	MI:
STREET ADDRESS:		
TOWN:	ZIP:	DATE OF BIRTH:
HOME PHONE:		
EMAIL(S):		

MOTHER/GUARDIAN NAME: _____ CELL: (_____) _____

WORK # (_____) _____ E-MAIL: _____

FATHER/GUARDIAN NAME: _____ CELL: (_____) _____

WORK # (_____) _____ E-MAIL: _____

MEDICAL INFO (known allergies, issues, etc.): _____

PLAYER'S BASKETBALL EXPERIENCE:

UNIFORM (*New players only*):

SHIRT SIZE: ____ SHORTS SIZE: ____ REQUESTED UNIFORM # (List top three choices): ____/____/____

The Highlands Basketball Club participates in the "AAU" group insurance that is secondary to all other coverage. I give permission for my child to participate in tryouts, practices, leagues and/or tournaments for the *Highlands Basketball Club* and if selected, agree to abide by the club's rules and regulations.

Parent/Guardian Signature: _____ Date: _____